

# BEAT YOUR STRESS

Lunch-time Yoga Classes Close to Work



Classes @ People Dancing &  
Move for You HQ  
*3810 Packard Rd., Suite 270, Ann Arbor MI*



With Professional Dancer and Yogini Amy Hutchison  
Starts 9/29. 12:00-1:00. Complimentary snack to follow.

\$15 drop-in; \$50 for a series of 5 classes. To register: 734.368.7573